



# SCYR's Sudden Cardiac Arrest Risk Clearance Paperwork

Document must be signed by a Physician licensed in the State of California

Athlete Name: \_\_\_\_\_ Date of Evaluation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Club & Team: \_\_\_\_\_

The above athlete fainted before, during or after exercise (Y/N)	
Details of the incident:	
Other symptoms observed or reported: <input type="checkbox"/> Seizure <input type="checkbox"/> Fainting <input type="checkbox"/> Racing Heart <input type="checkbox"/> Chest Pain or Pressure <input type="checkbox"/> Dizziness <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Irregular Heartbeat <input type="checkbox"/> Heart Palpitations <input type="checkbox"/> Light Headedness <input type="checkbox"/> Excessive or Unexpected Fatigue After Exercise <input type="checkbox"/> Flu-like Sensation (nausea, back pain or abdominal pain) <input type="checkbox"/> Family History of Heart Abnormalities or Sudden Death before the age of 40	

Signature: \_\_\_\_\_ Name: \_\_\_\_\_ Date: \_\_\_\_\_ ATC/Coach

## To Be Completed by the Physician:

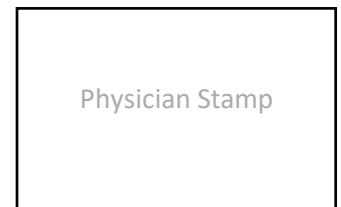
In alignment with the Eric Paredes Sudden Cardiac Arrest Prevention Act any athlete who faints before, during or after exercise or exhibits symptoms of a heart condition will be removed from participation and will require physician clearance prior to returning to play.

*Please initial the box that applies:*

<input type="checkbox"/>	Further evaluation is necessary prior to the athlete returning to play. The athlete is NOT cleared for physical exertion or sport participation.
<input type="checkbox"/>	The athlete has been evaluated and it has been deemed NOT safe to return to rugby at this time.
<input type="checkbox"/>	The athlete has been evaluated and is cleared to return to full sport participation.

Physician Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Return Completed form to the Player Welfare Program Manager (Christine Mitchell – christine@socalyouth.rugby)