


SoCal Youth Rugby Emergency Action Plan

Valley Center High School

Name of Venue *	Valley Center High School
Address of Venue *	31322 Cole Grade Road, Valley Center, CA 92082
Cross Streets *	Pauma Heights Road
Directions for EMS Access to the Field *	<p>The Jaguars Stadium is the main field for rugby games. The field is visible from Cole Grade Road, between St. Stephen Catholic Church (corner of Margarita Lane at Cole Grade Rd) and Pauma Heights Rd. EMS vehicles and personnel can access the field directly through a gated driveway that leads right onto the track/ field.</p> <p>Ricardo Barbosa is in charge of Security, his cell number is 760.917.4665.</p>
Club Submitting EAP *	Jaguars Rugby High School Valley Center Youth Rugby
Other Clubs That Use This Venue	None
Program Director/Primary Contact *	Laura Ginella
Program Director Phone Number*	(760) 473-9479
Does this site have its own security? *	Yes
Security Phone Number	(760) 917-4665
Is there an AED on site? *	No
Location of AED/AEDs and keys needed to access	The closest fire station, Cal Fire Valley Center Station is located at 14946 Vesper Rd, Valley Center.
Location of Med Kit during events *	Med kit will be on the field, next to the players' bench.
Lightning Safe Structure *	Valley Center High School Gym
Hospital 1 *	Palomar Medical Center
Address Hospital 1 *	 2185 Citracado Parkway Escondido, CA 92029 United States
Phone Number Hospital 1 *	(442) 281-5000
Hospital 2	

Address Hospital 2

Phone Number Hospital 2

Urgent Care

Minute Clinic

Address Urgent Care



318 West El Norte Parkway
Escondido, CA 92026
United States

Phone Number Urgent Care

1-866-389-2727

Role of First Responder

1. Immediate care of injured/ill individual (ATC if available)
2. Determine the need to activate EMS
3. Designate an individual to contact Emergency Medical Services (if you are alone contact EMS yourself)
 - Dial 911 from a land line or cellular device
 - If EMS is on site, seek them
4. Emergency Equipment Retrieval
 - Designate an individual to retrieve the AED (if available) and medical bag
5. Direct EMS to the Scene
 - Designate an individual to meet EMS at the entrance of the venue
6. Crowd Control
 - Designate individuals as needed to control spectators and participants and make way for EMS
 - If security is onsite contact them to help with crowd control or other needs
7. Document
 - Document all injuries and illnesses that occur

Speaking with Dispatch

- Identify yourself (Name and Title)
 - State the need for an ambulance
 - Identify the type of injury/illness and the treatment that is being given
 - Give location and phone number (address and cross streets)
 - Give specific directions to the location of the patient
 - Answer all questions and follow the dispatcher's instructions
 - HANG UP LAST (only after the dispatcher has hung up)
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Documentation

- Injury or illness of a SCYR athlete or referee must be documented and reported to the Player Welfare Program Manager
 - o Christine Mitchell cmitchell@socalyouthrugby.org
- Injury or illness of a parent, coach, or spectator must be documented and reported to the Club Program Director

Lightning Safe Structure

This should be a fully enclosed grounded building that teams and spectators can be evacuated to. If a structure of this sort is not available, enclosed metal vehicles can be used as an alternative.

Concussion

Any athlete suspected of sustaining a concussion must be removed from participation and may not return to play that day. An athlete may not participate unless they have been cleared by the Player Welfare Program Manager in Match Apt and are on the match report.

Reminders:

Home team is to provide injury ice

Each team should have a med kit on site

EAP should be posted on site during any practice or match

All coaches and team admin should be familiar with the EAP prior to any practice or match

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