

SoCal Youth Rugby Emergency Action Plan

Torrey Pines High School

Name of Venue *	Torrey Pines High School
Address of Venue *	3710 Del Mar Heights Rd, San Diego, CA 92130
Cross Streets *	Torrey ridge drive and Del Mar heights rd
Directions for EMS Access to the Field *	<p>Turn off of Del Mar heights rd into the TPHS parking lot and make a left. Follow that street and stay right at the fork and stop sign.</p> <p>Take that street all the way around the curve until you hit a T. Make a right and go straight passed the gates that don't allow you to park/beer normally. The field will be at the end where you can't go anymore. The EMS vehicle can then go passed the field gate and right onto the track which will be closest to incident.</p>
Club Submitting EAP *	TPHS Girls Rugby
Other Clubs That Use This Venue	TPHS boys rugby
Program Director/Primary Contact *	Athletic Director: Charlene FalcisStevens
Program Director Phone Number*	(619) 218-5282
Does this site have its own security? *	No
Security Phone Number	
Is there an AED on site? *	Yes
Location of AED/AEDs and keys needed to access	There is an AED in the stadium (1 of 6), to the right of the girls restroom on the Falcon-head.
Location of Med Kit during events *	With the athletic trainer on duty
Lightning Safe Structure *	Everyone's own car that they traveled in. School will be closed on Saturdays. But restrooms are available as well to take for shelter if needed as a last resort.
Hospital 1 *	Scripts Green Hospital
Address Hospital 1 *	

10666 N Torrey Pines Rd.
La Jolla , California 92037
United States

Phone Number Hospital 1 * (858) 554-9100

Hospital 2 Children's Primary Extended Care

Address Hospital 2



12395 El Camino Real #219
San diego, California 92130
United States

Phone Number Hospital 2 (858) 793-1011

Urgent Care Urgent Care- Scripps

Address Urgent Care



10666 N Torrey Pines Rd
La jolla, California 92037
United States

Phone Number Urgent Care (858) 554-8638

Role of First Responder

1. Immediate care of injured/ill individual (ATC if available)
 2. Determine the need to activate EMS
 3. Designate an individual to contact Emergency Medical Services (if you are alone contact EMS yourself)
 - Dial 911 from a land line or cellular device
 - If EMS is on site, seek them
 4. Emergency Equipment Retrieval
 - Designate an individual to retrieve the AED (if available) and medical bag
 5. Direct EMS to the Scene
 - Designate an individual to meet EMS at the entrance of the venue
 6. Crowd Control
 - Designate individuals as needed to control spectators and participants and make way for EMS
 - If security is onsite contact them to help with crowd control or other needs
 7. Document
 - Document all injuries and illnesses that occur
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Speaking with Dispatch

- Identify yourself (Name and Title)
- State the need for an ambulance
- Identify the type of injury/illness and the treatment that is being given
- Give location and phone number (address and cross streets)
- Give specific directions to the location of the patient
- Answer all questions and follow the dispatcher's instructions
- HANG UP LAST (only after the dispatcher has hung up)

Documentation

- Injury or illness of a SCYR athlete or referee must be documented and reported to the Player Welfare Program Manager
 - o Christine Mitchell cmitchell@socalyouthrugby.org
- Injury or illness of a parent, coach, or spectator must be documented and reported to the Club Program Director

Lightning Safe Structure

This should be a fully enclosed grounded building that teams and spectators can be evacuated to. If a structure of this sort is not available, enclosed metal vehicles can be used as an alternative.

Concussion

Any athlete suspected of sustaining a concussion must be removed from participation and may not return to play that day. An athlete may not participate unless they have been cleared by the Player Welfare Program Manager in Match Apt and are on the match report.

Reminders:

Home team is to provide injury ice

Each team should have a med kit on site

EAP should be posted on site during any practice or match

All coaches and team admin should be familiar with the EAP prior to any practice or match
