

SoCal Youth Rugby Emergency Action Plan

San Marcos High School Football Field

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| Name of Venue * | SMHS Football Field |
| Address of Venue * | 1615 W San Marcos Blvd |
| Cross Streets * | Rancho Santa Fe, Security Place |
| Directions for EMS Access to the Field * | <p>Coming from the 78W Take the San Marcos Blvd exit Turn right onto San Marcos Blvd At the lights turning into the school, make a u-turn. The access gate to the turf field will be on your right and will be opened. A club volunteer will be there to direct you in.</p> <p>Coming from the 78E Take the San Marcos Blvd exit Turn left onto San Marcos Blvd At the lights turning into the school, make a u-turn The access gate to the turf field will be on your right and will be opened. A club volunteer will be there to direct you in.</p> |
| Club Submitting EAP * | SMHS Rugby Club |
| Other Clubs That Use This Venue | none |
| Program Director/Primary Contact * | John Coady |
| Program Director Phone Number* | (760) 712-7217 |
| Does this site have its own security? * | No |
| Security Phone Number | |
| Is there an AED on site? * | Yes |
| Location of AED/AEDs and keys needed to access | AED device is located in the Athletic Training room. The head rugby coach will have the keys to open the athletic training room. |
| Location of Med Kit during events * | On site at the field |
| Lightning Safe Structure * | Spectators and players will be required to evacuate to their vehicles |

Hospital 1 *

Palomar Medical Center

Address Hospital 1 *



2185 Citracado Parkway
Escondido, CA 92029
United States

Phone Number Hospital 1 *

(442) 281-5000

Hospital 2

Address Hospital 2

Phone Number Hospital 2

Urgent Care

Address Urgent Care

Phone Number Urgent Care

Role of First Responder

1. Immediate care of injured/ill individual (ATC if available)
 2. Determine the need to activate EMS
 3. Designate an individual to contact Emergency Medical Services (if you are alone contact EMS yourself)
 - Dial 911 from a land line or cellular device
 - If EMS is on site, seek them
 4. Emergency Equipment Retrieval
 - Designate an individual to retrieve the AED (if available) and medical bag
 5. Direct EMS to the Scene
 - Designate an individual to meet EMS at the entrance of the venue
 6. Crowd Control
 - Designate individuals as needed to control spectators and participants and make way for EMS
 - If security is onsite contact them to help with crowd control or other needs
 7. Document
 - Document all injuries and illnesses that occur
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Speaking with Dispatch

- Identify yourself (Name and Title)
- State the need for an ambulance
- Identify the type of injury/illness and the treatment that is being given
- Give location and phone number (address and cross streets)
- Give specific directions to the location of the patient
- Answer all questions and follow the dispatcher's instructions
- HANG UP LAST (only after the dispatcher has hung up)

Documentation

- Injury or illness of a SCYR athlete or referee must be documented and reported to the Player Welfare Program Manager
 - o Christine Mitchell cmitchell@socalyouthrugby.org
- Injury or illness of a parent, coach, or spectator must be documented and reported to the Club Program Director

Lightning Safe Structure

This should be a fully enclosed grounded building that teams and spectators can be evacuated to. If a structure of this sort is not available, enclosed metal vehicles can be used as an alternative.

Concussion

Any athlete suspected of sustaining a concussion must be removed from participation and may not return to play that day. An athlete may not participate unless they have been cleared by the Player Welfare Program Manager in Match Apt and are on the match report.

Reminders:

Home team is to provide injury ice

Each team should have a med kit on site

EAP should be posted on site during any practice or match

All coaches and team admin should be familiar with the EAP prior to any practice or match

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