



SoCal Youth Rugby Emergency Action Plan

Clairemont High School

Name of Venue *	Clairemont High School
Address of Venue *	4150 Ute Dr
Cross Streets *	Balboa Ave
Directions for EMS Access to the Field *	Head east on Balboa from the 5 then make a right on Ute. Follow street around until you see the high school parking lot. Park and walk through campus into the stadium seating
Club Submitting EAP *	UC High School
Other Clubs That Use This Venue	
Program Director/Primary Contact *	Jason Lee
Program Director Phone Number*	(619) 672-5550
Does this site have its own security? *	No
Security Phone Number	
Is there an AED on site? *	No
Location of AED/AEDs and keys needed to access	
Location of Med Kit during events *	sidelines
Lightning Safe Structure *	yes
Hospital 1 *	Sharp Memorial Hospital
Address Hospital 1 *	 7901 Frost St San Diego, CA 92123 United States
Phone Number Hospital 1 *	(858) 939-3400
Hospital 2	Rady Children's Hospital
Address Hospital 2	 3020 Children's Way San Diego, CA 92123 United States
Phone Number Hospital 2	(858) 576-1700

Urgent Care

Address Urgent Care

Phone Number Urgent Care

Role of First Responder

1. Immediate care of injured/ill individual (ATC if available)
2. Determine the need to activate EMS
3. Designate an individual to contact Emergency Medical Services (if you are alone contact EMS yourself)
 - Dial 911 from a land line or cellular device
 - If EMS is on site, seek them
4. Emergency Equipment Retrieval
 - Designate an individual to retrieve the AED (if available) and medical bag
5. Direct EMS to the Scene
 - Designate an individual to meet EMS at the entrance of the venue
6. Crowd Control
 - Designate individuals as needed to control spectators and participants and make way for EMS
 - If security is onsite contact them to help with crowd control or other needs
7. Document
 - Document all injuries and illnesses that occur

Speaking with Dispatch

- Identify yourself (Name and Title)
- State the need for an ambulance
- Identify the type of injury/illness and the treatment that is being given
- Give location and phone number (address and cross streets)
- Give specific directions to the location of the patient
- Answer all questions and follow the dispatcher's instructions
- HANG UP LAST (only after the dispatcher has hung up)

Documentation

- Injury or illness of a SCYR athlete or referee must be documented and reported to the Player Welfare Program Manager
 - Christine Mitchell cmitchell@socalyouthrugby.org
 - Injury or illness of a parent, coach, or spectator must be documented and reported to the Club Program Director
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Lightning Safe Structure

This should be a fully enclosed grounded building that teams and spectators can be evacuated to. If a structure of this sort is not available, enclosed metal vehicles can be used as an alternative.

Concussion

Any athlete suspected of sustaining a concussion must be removed from participation and may not return to play that day. An athlete may not participate unless they have been cleared by the Player Welfare Program Manager in Match Apt and are on the match report.

Reminders:

Home team is to provide injury ice

Each team should have a med kit on site

EAP should be posted on site during any practice or match

All coaches and team admin should be familiar with the EAP prior to any practice or match

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